



Bravehearts Inc

PO Box 575
Arundel BC
Qld 4214

Ph: 07 5552 3000

Fax: 07 5552 3088

www.bravehearts.org.au

admin@bravehearts.org.au

Our Education Program

Keeping children safe is one of the most important things we do as parents, educators, or other caring adults. To do this, we must equip them with the knowledge and skills they need to avoid risky situations, and to give them an understanding of their rights to protect their own body.

The aim of Bravehearts' education program is to 'abuse proof' children – at least as much as possible. Just as teaching children the road rules doesn't guarantee they won't get hurt, no one can guarantee absolute protection for children against attack. But as with teaching road rules, teaching personal safety rules will certainly help.

Bravehearts' Education and Prevention program sets out to do this. The *Ditto's Keep Safe Adventure!* CD-Rom is an educational, fun, safe and non-confronting medium to help adults empower children to recognise early warning signs, stay safe and speak out.

The CD-Rom has been extended into a fun, live show starring Ditto, and other personal safety materials including an activity book, DVD and music CD

We also provide *information* and *risk management* workshops for parents, carers, teachers, child care workers and others working with children

The School-based Program



FOR INFORMATION ON *DITTO'S KEEP SAFE ADVENTURE!* products and programs go to: www.ditto.com.au

Or contact the Education Program Coordinator on: education@bravehearts.org.au



The purpose of 'Ditto's Education Program' is to teach children the skills to keep safe from sexual predators. We are taking the proven, safe, fun, effective and interactive messages, rules and tools in our interactive CD-Rom, *Ditto's Keep Safe Adventure*, into schools, day care centres, shopping centres, sporting clubs etc in order to provide children, parents, teachers, carers and the general community with specialised child sexual assault awareness and education.

This program is not sex education. It is a program about "Personal Safety".

The live protective behaviour performance runs for 30 minutes. The star of the performance is Ditto himself. The program is fun, non-threatening and encourages



student participation. Segments include:

- Yes and No feelings
- Your body's warning signs
- Scared and yucky feelings
- Private parts (general discussion, includes our "Private Parts" song)
- It's OK to say NO if you don't feel safe
- Good and Bad secrets (includes our "Good and Bad Secrets" song)
- What to do if someone tells you a BAD secret (includes our "Run and Tell Someone You Can Trust" song).